

Trust in teams - worksheet

Rate the frequency of behaviours on your team for each of the BRAVING elements:
 Never (1) | Rarely (2) | About 50/50 (3) | Often (4) | Always (5)

	My score	Our team average	Our team range
BOUNDARIES			
RELIABILITY			
ACCOUNTABILITY			
VAULT			
INTEGRITY			
NONJUDGEMENT			
GENEROSITY			

Considering the scores you have given:-

For your highest scoring element, what are one or two behaviours that make it a strength that are important to sustain? (E.g. We ask each other for help)

Element	
Behaviours	

For your lowest scoring element, what are one or two behaviours that you commit to changing as a team so you can build trust? (You may add to this during the workshop).

Element	
Behaviours	

What do you personally need to do to enhance trust in your team?