

Sue Macmillan

Leadership & Team Coach
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Sue is a leadership coach and facilitator who brings an open connection, attentive energy and insight to her clients, helping them develop their own self-awareness and motivation to embrace change in order to improve and develop their effectiveness as individuals and leaders. The latest research in neuroscience underpins her coaching and facilitation work with individuals and teams experiencing change and transition.

Sue has undergone transition herself originally training as an NHS physiotherapist where she honed her communication skills interacting with people from diverse backgrounds and cultures. She has a particular interest in performance and impact skills and holds an equity card as a trained actor and storyteller. This has developed her specific interest in the impact personal narrative has on patterns of behaviour and the choices we make. Later grounding her academic interest and personal values of human equality, inclusion and collaboration in a Masters degree in Human Rights and Development.

These values and experiences inform the qualities she brings to her work in public and private sector organisations. These include health, technology, retail, defence, police, local government and national NGO's and charities.

Sue is a Master Coach with the Association of Coaching and a Certified Systemic Team Coach, NLP Practitioner and Narrative Therapist. Most recently she has been supporting NHS teams and Nightingale Hospital staff through the COVID crisis focusing on wellbeing and resilience. She is also a coach supervisor and teaches on an accredited Coaching Mastery programme for aspiring coaches.

Sue now lives in Bedfordshire and has 3 grown children and 2 grandchildren. She enjoys being with family and friends, going to the theatre and spending time in the outdoors whether a walk, a run, a cycle and occasionally a swim. She is also spent 10 years as a trustee of a small charity that works in post conflict Bosnia using the arts to bring together young people from different ethnicities.