

Our Group Contract

Getting the best from each other
"Contracting"

RESPECT + BE PRESENT

RESPECT EMPATHY
TOLERANCE
Respect
DIPLOMATIC
VALUE
MUTUAL
Independent (Value individual views)

Don't talk while others are speaking
PHONES OFF
Going to a quiet space
Put phones away
Close laptop

Respect to others
Don't speak when others' talking
Value others' views
Keep phones off

CHALLENGE

Challenge
Be honest
Ask questions
Stay open minded

Be open to challenge or critique
BEING BIG ENOUGH TO BE HONEST
Be open
Honesty
Timely honest - not what you want to say
ASK questions open minded
Say what you see!
ASK questions to gain knowledge (don't assume someone's motivation)
EVIDENCE BASED
OPEN Minded
ASK
Openminded
Be open-minded

CONFIDENTIALITY

Safe
Safe to disagree
Safe space
Respect
Time
Trust
Apprehension
Feel safe
Trust
CRITICAL

Respect : Be present

Equality of voices

Be Curious

Encouraging Challenge

Confidentiality

QUALITY OF VOICES

LISTEN
Listening
LISTENING INTENTLY
empathy
Listen to others
Be Patient (Time)
Be Patient (Time)
Presence

Listen
Have patience
Empathy

LISTEN
+ active listening
+ Be understanding

Active listening
• We make things happen together!
• openness / honesty (not blame)

Listen, no judgement, openness, comfort, boundaries, Ask questions, check for understanding, participate, encourage, consider, differentiate, ...

BE CURIOUS

Learn from Past experiences
OURS/OTHERS
Learn
Innovate
Confidence
Join in
Think outside box
Change willingness

CONSIDER ALL THAT'S SAID
THINK OUTSIDE THE BOX
WILLINGNESS TO CHANGE
INNOVATION
CONFIDENT
Be able to take stuff on board
Join in
Turn up

OTHER

Inspiring
Motivating
BE HAPPY
Give praise
Give feedback to Positive & Negative

